

# *Plants for Coastal BC Bees & Gardeners*

## **Did You Know?**

BC has more than 450 species of native bees. These bees forage and nest in gardens, parks, farms, forests, grasslands, wetlands, and all sorts of other habitat throughout the province. We can all take actions to conserve and improve these habitats and the health of their ecosystems.

## **Plants for Bees and Gardeners**

We have compiled a list of plants native to the Coast and Southern Interior that are important to our native bees. While many bees are generalists and can access pollen and nectar from a wide variety of flowers, some specialist bees only collect pollen from a narrow selection of plants. In addition, these plants can provide nesting material for native bees in the form of leaves, resins, stems and decaying wood.

We aimed to include plants with different bloom times to offer a continuous supply of pollen and nectar from spring to fall. We included plants of different size, shape, colour and growth form. The plants come from a variety of different habitats, from moist meadows to shady forests to dry grasslands and shrublands, so are suitable for different garden types. Use the list as a starting point for selecting plants for your particular garden.

Many of these plants are beneficial to a broad number of organisms, meaning they are critical for the ecosystem as a whole. Planting these shrubs and herbaceous plants together will create a synergy of lasting ecological benefits for bees, birds, butterflies and moths (adult and caterpillar stages), other invertebrates and foraging mammals.

## **Eco-specific Native Plants - Buy Local!**

Plants that are sourced from the ecoregion where you live are more likely to be compatible with local bee populations, well-adapted to local soils and climate and more able to provide a connective bridge for pollinators to wild populations. These 'eco-typic' plants, however, have limited availability. If you are lucky enough to live near a native plant nursery, they can share a wealth of information about the specific plants that will thrive in your area. When purchasing plants, make sure plants are ethically sourced, properly identified, and never poached from the wild. It is a challenging, yet rewarding journey that requires patience and persistence. Start small, grow from there.

## **Be a Citizen Scientist!**

If you enjoy taking photos of bees, join the iNaturalist NBSBC Bee Tracker Project. Familiarize yourself with the plants in your area and submit photos of bees on those plants to iNaturalist with the plant association. This will help build a database of bee-plant associations so that we can learn the critical floral resource for our native bee species.

To learn more, visit us at  
[bcnativebees.org](http://bcnativebees.org)



HERBACEOUS PERENNIALS					
Common Name	Botanical Name	Family	Common Name	Botanical Name	Family
Arbutus	<i>Arbutus menziesii</i>	Ericaceae	Barestem Desert-parsley	<i>Lomatium nudicaule</i>	Apiaceae
Bigleaf Maple	<i>Acer macrophyllum</i>	Sapindaceae	Beach Pea	<i>Lathyrus japonicus</i>	Fabaceae
Pacific Crab Apple	<i>Malus fusca</i>	Rosaceae	Black Vetch	<i>Vicia nigricans</i>	Fabaceae
Vine Maple	<i>Acer circinatum</i>	Sapindaceae	Broad-leaved Stonecrop	<i>Sedum spathulifolium</i>	Crassulaceae
<b>SHRUBS</b>					
Common Name	Botanical Name	Family	Common Name	Botanical Name	Family
Black Twinberry	<i>Lonicera involucrata</i>	Caprifoliaceae	*Coastal Strawberry	<i>Fragaria chiloensis</i>	Rosaceae
*California Blackberry	<i>Rubus ursinus</i>	Rosaceae	Common Woolly Sunflower	<i>Eriophyllum lanatum</i>	Asteraceae
Common Snowberry	<i>Symphoricarpos albus</i>	Caprifoliaceae	Fireweed	<i>Chamaenerion angustifolium</i>	Onagraceae
*Evergreen Huckleberry	<i>Vaccinium ovatum</i>	Ericaceae	Large-leaved Avens	<i>Geum macrophyllum</i>	Rosaceae
Kinnikinnick	<i>Arctostaphylos uva-ursi</i>	Ericaceae	*Nodding Onion	<i>Allium cernuum</i>	Amaryllidaceae
*Nootka Rose	<i>Rosa nutkana</i>	Rosaceae	Oregon Gumweed	<i>Grindelia stricta</i>	Asteraceae
Ocean Spray	<i>Holodiscus discolor</i>	Rosaceae	Pacific Sanicle	<i>Sanicula crassicaulis</i>	Apiaceae
Osoberry	<i>Oemleria cerasiformis</i>	Rosaceae	Pacific Bleeding Heart	<i>Dicentra formosa</i>	Papaveraceae
*Oval-leaved Blueberry	<i>Vaccinium ovalifolium</i>	Ericaceae	Pearly Everlasting	<i>Anaphalis margaritacea</i>	Asteraceae
Pacific Ninebark	<i>Physocarpus capitatus</i>	Rosaceae	Philadelphia Fleabane	<i>Erigeron philadelphicus</i>	Asteraceae
*Pussy Willow	<i>Salix discolor</i>	Salicaceae	*Siberian Miner's Lettuce	<i>Claytonia sibirica</i>	Montiaceae
Red Osier Dogwood	<i>Cornus sericea</i>	Cornaceae	**Sitka Columbine	<i>Aquilegia formosa</i>	Ranunculaceae
*Red-flowering Currant	<i>Ribes sanguineum</i>	Grossulariaceae	Spreading Dogbane	<i>Apocynum androsaemifolium</i>	Apocynaceae
Salal	<i>Gaultheria shallon</i>	Ericaceae	Yarrow	<i>Achillea millefolium</i>	Asteraceae
*Salmonberry	<i>Rubus spectabilis</i>	Rosaceae	<b>HERBACEOUS ANNUALS</b>		
*Tall Oregon Grape	<i>Berberis aquifolium</i>	Berberidaceae	Common Name	Botanical Name	Family
*Thimbleberry	<i>Rubus parviflorus</i>	Rosaceae	*Large-flowered Blue-eyed Mary	<i>Collomia grandiflora</i>	Plantaginaceae
<b>VINES</b>					
Common Name	Botanical Name	Family	Common Name	Botanical Name	Family
Pink Honeysuckle	<i>Lonicera hispidula</i>	Caprifoliaceae	Lindley's Lupine	<i>Lupinus bicolor</i>	Fabaceae

### General Tips for Bee Gardens

- 1: Avoid pesticides, herbicides and fungicides.
- 2: Choose a selection of plants with flowers that vary in size, colour and shape and that provide continuous bloom from the first day of spring to early fall.
- 3: Grow in clumps at least one meter square of each type of plant.
- 4: Leave leaves, stems and rotting logs in your garden for bee nesting.
- 5: Most species of bees nest in the ground and require bare soil in some areas of your garden.
- 6: Bee houses and condos can be good learning tools if properly maintained, but they can be hazardous to bees if they are not looked after properly. A better choice is to grow plants with hollow or pithy stems (like rose and elderberry) that can provide nesting spaces for bees.



\* Choose a species native to your bioregion; note there may be more than one native species in your area

\*\* Be aware that this species needs to be isolated from others in the same genus to avoid cross-pollination